

Give Medicine Safely

Call the Poison Control Center NOW at 1-800-222-1222 if:

- A medicine is taken by anyone other than the person it was ordered for.
- You think your child has taken more medicine than was ordered.

Call your child's doctor if:

- Your child vomits the medicine more than one time.
- Your child will not take their medicine.
- Your child misses more than one dose, for any reason.
- You have any questions about your child's medicines.

Medical Provider's phone #: _____

Pharmacy phone #: _____

- Know the **name, why your child is taking the medicine, how much, and how often.**
- Tell your pharmacist and medical providers **all** of the medicines and vitamins your child is taking.
- Keep this information handy. Some parents and caregivers find it helpful to keep a list on the refrigerator.

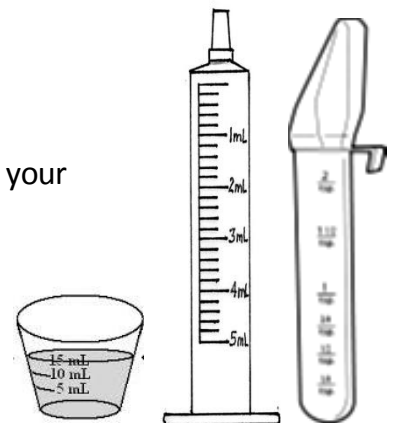
Important questions to ask about each medicine:

- What should I do if my child vomits after getting the medicine?
- What should I do if I miss a dose?
- Should my child take this medicine before, with, or after a meal?
- Are there medicines or foods my child should avoid while taking this medicine?
- What side effects could I see?

How to measure liquid medicine:

Use the oral syringe, measuring spoon, or medicine cup that comes with your child's medicine.

Do not use kitchen measuring spoons or utensils. Talk with your pharmacist if you need a measuring device for your child's medicine.



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This log can be filled out to list medicines prescribed by your medical provider. Print as many copies as you need.

Medicines can also be listed with the St. Louis Children's Hospital Kid Care App, free for Apple and Android devices. The list can then be emailed or printed.

Medicine Name	Why your child is taking it	How much to take (dose)	How often to take it
Example: Acetaminophen/Tylenol Liquid Suspension 160 mg per 5 ml* *Always write down the concentration of liquid medicine.	Fever	“__” milliliters (ml) Take by mouth.	Every 4 to 6 hours as needed for fever. Do not give more than 5 doses in 24 hours.